

Te Kura o Taitoko ki Te Tokerau

Ko Rāpare, rua tekau ma wha oPoutū-te-rangi: Thursday 24th March 2022

<https://www.facebook.com/levin.northschool> <http://www.levinnorth.school.nz>.

Talofa, Kia ora, Welkom, Huānyíng, Υ ὄ koso, Bienvenida, Sata sr ī ak ā la, fáilte, croeso,
أهلا بك, 欢迎, ようこ

Thank you to Jay from Tiro Tiro Road Dairy and Keith Lowen; Creamy Ltd-Anchor Horowhenua, who arranged drink bottles for all of our students. Thank you also to our school neighbours. One donated art equipment and another came in with money to help children purchase books.



Across the road from school we have an awesome piece of artwork by Vicky. It's rather appropriate because we received skateboards, safety gear and ramps from Onboard Skates which all the children have enjoyed.



Health Survey

Congratulations to Penny Paterson and Shaela Nathan who won the New World vouchers. We had an excellent response and this will help guide us in the delivery of the Health Curriculum.

Board of Trustees

A huge thank you to Jason White who was our presiding member (Board Chair). His guidance has seen a very successful board and excellent leadership. Jason will still be involved with our school until September when the Board of Trustees elections are held. Our new presiding member is Kirsten Matthews.

For those of you who might be or are interested in becoming a board member, we have meetings twice a term. You are welcome to come along and see how everything works or have a chat with our current members, Kirsten Matthews, Jason White, Kahurangi Wehipeihana, Claire Turner, Janelle Cody, Megan McKenzie (Staff Rep) and/or our Principal Moira Campbell.

Covid continues to affect the community. Students returning have slowly increased. Remember to keep your child home if they have any symptoms. This could be as mild (early symptoms) as a headache, tiredness or loss of smell. If your child has Covid, please let the school know asap, and we can supply extra work at home IF needed. The hard work of our staff has ensured there has been minimal disruption to classes and our school continues to be open.

Household contacts testing positive at different times

The Ministry of Health has provided further clarity on when household contacts should isolate.

[What does it mean if I am a household contact? – Ministry of Health](#)

For households where someone has COVID-19, the Ministry of Health recommends you apply the following guidance.

- If someone becomes a confirmed COVID-19 case, then that case and all other people in their household must isolate for seven days.
- If **someone else** in the household then tests positive for COVID-19 during those seven days:
 - the isolation period for **that person only** re-sets – that person must isolate for an additional seven days from the day they test positive or symptoms begin
 - other household contacts who do not test positive are still able to leave isolation after the original case has completed their seven days isolation.
- For the **next 10 days** after a household completes seven days isolation, evidence shows that due to their exposure to COVID-19 they are less likely to catch or transmit the virus. This means:
 - if someone else in the household tests positive **within those 10 days**, the whole household will not have to re-isolate, only the positive case
 - if someone else in the household tests positive and it has been **more than 10 days** since the household completed isolation, household contacts **should re-isolate** along with the new case for seven days.
- Any person who has had COVID-19 within the last 90 days/three months **will not need to isolate** as a household contact unless they become symptomatic and test positive again. This is because reinfection rates for people who have had COVID-19 are low for the three months after they have the virus.

Remember, Day 0 for isolation is the day symptoms began or the day the positive test was taken (whichever came first). You should then count your seven days from there.

School Values in Action

Manawanuitanga : Never give up

Growth mindset - self belief Self worth and confidence
Resilience
Opportunities to take risks, explore and grow
Perseverance
Contributing
Reflect on things and learn from them



Manaakitanga : Care and respect

Care and respect
Everyone working together
Kaitiakitanga - being a guardian, leader
We all have something to offer / reciprocity



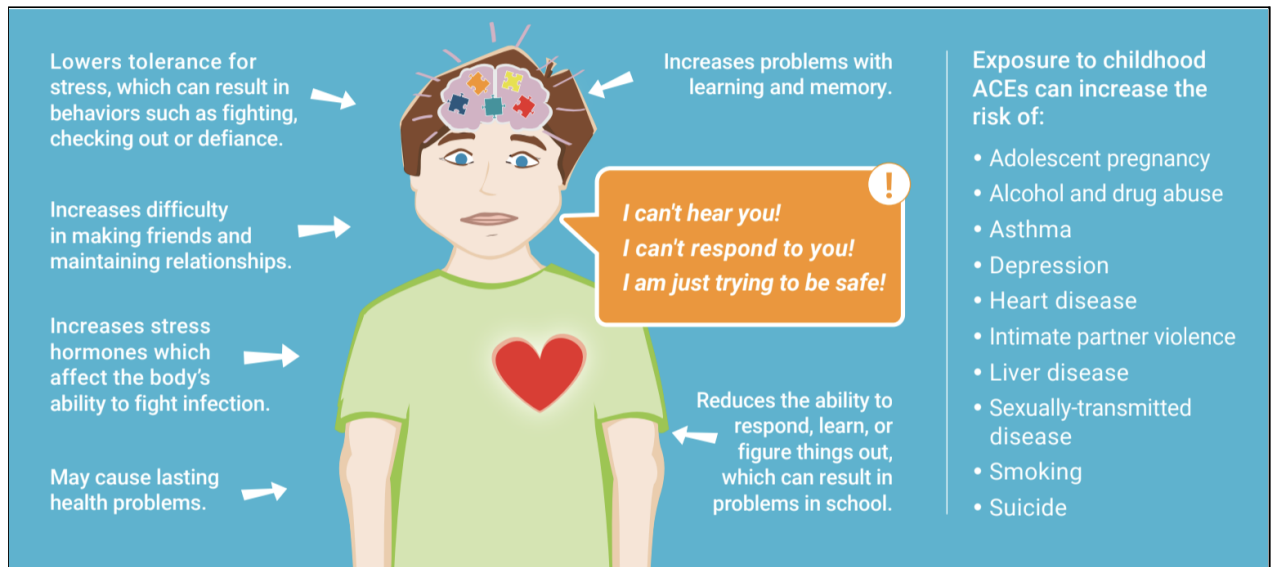
Cricket Champions

Last Tuesday our awesome cricket team competed against Koputaroa, Levin East and Fairfield. They had two wins and a draw. Thank you to Anna and Dean who have been supporting the team.



TRAUMA

Last Friday at our Teacher Only Day we looked at the effect of Trauma on students and adults. Below are some slides and videos that were shared. In my 28 years of teaching, I have seen the impact of trauma steadily increasing in students. Our challenge is to develop strategies where we can support these students to be successful in their own way.



<https://www.youtube.com/watch?v=nmJOuTAK09g>

<https://www.youtube.com/watch?v=VMpli-4CZK0>



For every 10 people, including children, trauma potentially impacts:

Dorsey et al., 2012; Skar et al., 2019; Walsh et al., 2019; Te Pou, 2018.



5 people in the general population



7 Māori people



8 people in prison



9 people who have accessed mental health and addiction services